

Hill's Martial Arts, LLC

Weapons Classes

We are implementing a comprehensive weapons program. The following is a general overview of what will be required.

These classes are designed to give the student an understanding in the history of these weapons, improvement of dexterity as well as techniques for a variety of self defense situations. Participation is not required.

We will be offering the following weapons bo, tonfa, nunchaku and sai.

The format of our program is as follows:

1. History of the weapon.
2. Proper handling of the weapon.
3. Flow drills (single and partner).
4. Form.
5. Applications (using weapon to defend an attack).

After completion of all 5 categories the student may test for the corresponding patch.

The student will have a pre-test in class on a Saturday. After being successful in the pre-test the student will be required to test for the patch at a belt testing. At the belt testing you may either test for your belt or your patch not both.

Classes will be offered on pre-scheduled Saturdays. We will offer three times 10:00am, 11:00am & 12:00pm. You may take only one class per Saturday. We will be limiting the size of the class to 10-15 students. We will have a sign-up sheet on the counter for each Saturday offered. There is no cost for the class; however, students will be required to purchase the weapon. The cost of each weapon will vary. Students and family members are eligible to join the class. If you have never taken a class you will need to sign a waiver before joining class. There will be a deadline to sign-up and order the weapon.

This is to make sure that the weapons are in before the class.

If you have any questions please see Mrs. Alisa or Mr. Hill.