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**TIP #1 – STUDENT CREED****TIP #2 - FORM**

- 62. STEP UP RT LUNG/LARGE INTESTINE PRESSURE POINT GRAB/SLIDE TO WRIST/LT UPSET STRIKE
- 63. LT DOWNWARD STRIKE WHILE PULLING RT HAND TO HIP
- 64. STEP 46 DEGREES/RIGHT HOOK
- 66. LT DOWNWARD PUNCH
- 66. STEP FORWARD WITH LT LEG AND LT ROLLING HAMMER FIST - KIHAP
- 67. CROSS HAND TRAP/CROSS STEP/STEP OUT/KNIFEHAND STRIKE
- 68. STEP BACK WITH RT LEG/CROSS STRIKE OUTWARD
- 69. STEP FORWARD WITH RT LEG/RT UPSET PUNCH
- 70. LT PALM STRIKE HEAD LEVEL
- 71. LT KNIFEHAND STRIKE SHOULDER LEVEL
- 72. CLOSE LT HAND TO FIST/PULL TOWARD LT HIP
- 73. PUSH WITH RT HAND/SHIFT INTO A KNOCK KNEED STANCE

**TIP #3 - APPLICATIONS**

\*KIHAPS REQUIRED ON ALL ATTACKS AND DEFENSES

- 1. **ATTACKER** - GRAB DEFENDER'S LT WRIST WITH RT HAND  
**DEFENDER** - USE RT THUMB TO PRESS INTO LUNG OR LARGE INTESTINE ON OUTSIDE OF FOREARM/SLIDE RT HAND DOWN ATTACKER'S ARM GRABBING WRIST AND STRIKING WITH LT FIST TO TRIPLE WARMER ON HINGE OF JAW/ ROLL ATTACKER'S ARM OVER AND USE KNUCKLES TO RUB DOWN INTO GOLGI TENDON
- 2. **ATTACKER** - RT PUNCH TO DEFENDER'S FACE  
**DEFENDER** - STEP IN 46 DEGREES WITH RT LEG AND STRIKE WITH SMALL KNUCKLES OF RT HAND TO LUNG OR LARGE INTESTINE ON INSIDE OF ATTACKER'S ARM/PUNCH DOWNWARD TO CONCEPTION VESSEL JUST BELOW CENTER OF BELT/STEP FORWARD WITH LT LEG WHILE LT HAMMER FISTING TO GOVERNING VESSEL ON TOP OF ATTACKER'S HEAD
- 3. **ATTACKER** - RT HAND PUSH TO THE DEFENDER'S CHEST  
**DEFENDER** - CROSS ARMS OVER TOP OF ATTACKER'S WRIST PULLING IN TOWARDS CHEST LOCKING WRIST POINTS /CROSS STEP AND TURN SHOULDERS TO TORQUE POINTS/STEP OUT AND RT KNIFEHAND STRIKE TO GALL BLADDER 20 AT BASE OF SKULL
- 4. **ATTACKER** - DOUBLE LAPEL GRAB  
**DEFENDER** - STRIKE WITH BOTH ARMS IN A DOWNWARD MOTION ON LUNG OR LARGE INTESTINE/STEP IN WITH RT LEG WHILE RT UPSET PUNCHING TO STOMACH/STRIKE WITH LT PALM TO ATTACKER'S FOREHEAD ON GALL BLADDER/LT KNIFEHAND STRIKE DOWN ON STOMACH JUST ABOVE COLLARBONE
- 5. **ATTACKER** - WAVE RT FIST IN DEFENDER'S FACE  
**DEFENDER** - GRAB ATTACKER'S WRIST WITH LT HAND AND TORQUE ON WRIST POINTS/PULL IN TOWARDS CHEST WHILE PLACING RT PALM ON BACK OF ATTACKER'S FIST AND PUSHING FORWARD ON TRIPLE WARMER

**TIP #4 - BROWN BELT KICKING COMBINATIONS**

- 1. #2 INNER CRESCENT KICK/JUMP BUTTERFLY KICK/REVERSE HOOK KICK/ROUND KICK
- 2. #2 FRONT KICK/ROUND KICK/SIDE KICK/JUMP #3 SIDE KICK
- 3. #1 SIDE KICK/SPINNING HOOK KICK/#3 ROUND KICK/SPINNING OUTER CRESCENT KICK

**TIP #5 – BOARD BREAKING**

ONE BREAK WITH HAND TECHNIQUE/ONE BREAK WITH FOOT TECHNIQUE/  
FLYING OR REVERSE SIDE KICK

**TIP #6 - KNOWLEDGE****NAME OF LEVEL:** DRAGONS TOUCH **MEANING:** USING PRESSURE POINTS FOR SELF-DEFENSE**MOST IMPORTANT THING WHEN DOING LEVEL 6:** ANGLE AND DIRECTION**THREE WAYS TO ACTIVATE A PRESSURE POINT:** STRIKE, RUB, PRESS**QUALITY:** EMPATHY **MEANING:** PUTTING YOURSELF IN SOMEONE ELSE'S SHOES