

## WOW Weapons!



Yes Hill's does offer training in various weapons! Once you have achieved yellow belt status or above, you are eligible to participate in the Saturday morning weapons classes. The first session is from 10:00 a.m. to 10:40 a.m. The second session is from 10:40 a.m. to 11:20 a.m. Each session is comprised of 2 separate weapons classes conducted simultaneously.

There are no additional charges for these classes. However you will need to purchase the weapon prior to the first class. Pricing depends on the weapon. Please see the posting on the bulletin board by the restroom, Mrs. Alisa, or one of the instructors for pricing on a particular weapon

Sign-up sheets are placed by Mrs. Alisa's desk at the end of the month for the upcoming month's classes. On the sheets you will sign up for the class you want to attend and if you need the weapon for that class. Then Mrs. Alisa will order it to arrive in time for your first class.



# Weapons Training



**48 W. Foster  
Maineville Rd.  
Maineville, OH 45039  
Phone: (513) 774-0500**

**Keepkicking2.com**

[hillsmartialarts@zoomtown.com](mailto:hillsmartialarts@zoomtown.com)

**Also like us on facebook!**



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## How to Get Started

Introductory **Special** is one month of classes for FREE. The best way to find out about our program is to try it out. There is no substitute for hands on information. This gives students and parents of students the opportunity to evaluate our program to see what we are all about.

If you would like to try ONE MONTH FREE call us at 513-774-0500 or simply stop in. New students are encouraged to observe/participate in a class and meet the instructors. Please arrive 10 minutes early to scheduled class time.



## Examples of Classes Offered

- Primary Tonfa
- Advanced Tonfa
- Primary Sai
- Advanced Sai
- Primary Bo Staff
- Advanced Bo Staff
- Primary Nunchuka
- Advanced Nunchuka
- Primary Escrima Sticks
- Primary Kamas

Weapons training helps strengthen focus, dexterity, and hand-eye coordination. It can add confidence and a more advanced level of skill to your martial Arts training.

Once you have learned the skills of the Primary class, you can attend a belt testing to earn the patch. Then you would progress to the Advanced Weapons class to test for, and earn, an addition to the patch that acknowledges your advanced training.

## Mission Statement

Hill's Martial Arts is dedicated to developing students of moral character, community devotion, self-strength, and positive leadership abilities. By providing a safe and high energy training environment, students are given the necessary tools and encouragement to grow in Mind, Body, and Spirit. Our fundamental philosophy of "Family Comes First" is reinforced in every stage of training.

